

BeterDichtbij 

Easy access to your health care providers

Using the secure BeterDichtbij app

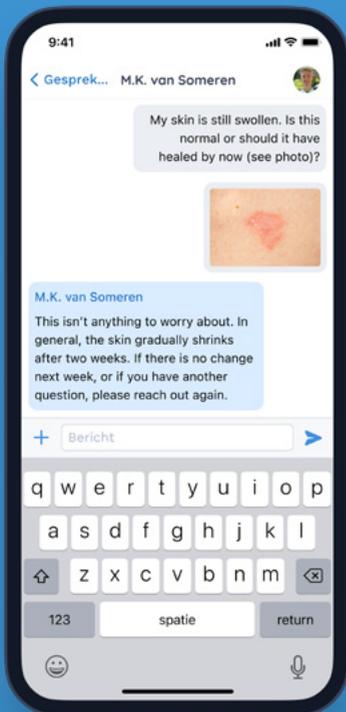


Easy and Secure

Mrs Jacobs, Rotterdam

“The app makes my doctor easily approachable, while being able to video call from home is extremely useful”

Direct access to your health care provider, anywhere, anytime. The BeterDichtbij app allows easy online contact with your care team to ask questions about your diagnosis or treatment plan. It is also possible for your health care provider to share information with you that you can consult at your convenience. The app is of course secure - your privacy comes first.



Exchanging messages, photos and documents



Checking your information at your convenience



Video chatting with your health care provider



Easy sharing of self-monitoring data with your care team

How to activate the BeterDichtbij app on your mobile or tablet

Once your doctor has invited you to use the BeterDichtbij app, you can install the app. You will receive an email with the invitation. Then follow the instructions. Or you can watch the video at www.beterdichtbij.nl/activate.

- 1 Download the BeterDichtbij app.**  
 - 2 Open the BeterDichtbij app.** Read the terms and conditions and click on “Agree”.
 - 3 Fill in the required information** such as your mobile number. Remember to use the same information that was shared with your health care provider.

Do you intend to use BeterDichtbij on behalf of someone else such as your father, mother or child? Please fill in your personal details.
 - 4 You will now receive a text message with a code** to confirm your details. Please enter this code.
 - 5 You will now receive an email with a code.** Please enter this code. You might have to enter your email address first.
 - 6 Now choose your own 5-digit code.** Enter this PIN twice as a security check. Be sure to remember your PIN because you will need it next time you log in with the app.
-  **All done!** You have now securely activated the BeterDichtbij app. You can now text or video chat with your health care provider, secure and easy.

Do you have any questions?

The BeterDichtbij Service Desk is happy to help.

 www.beterdichtbij.nl/hulp

 service@beterdichtbij.nl

 085 27 35 398

BeterDichtbij on your computer?

You can also access BeterDichtbij on your computer. For more information and help:

 www.beterdichtbij.nl/computer

Note: video calling is a mobile or tablet function only

BeterDichtbij in a nutshell



Direct contact for your health care, anywhere, anytime.



Over one million people are using BeterDichtbij in the Netherlands



Provided by your trusted health care organisation



Safe and easy to use

BeterDichtbij

 Oudlaan 4
3515 GA Utrecht

 www.beterdichtbij.nl

 0031 (0) 85 27 35 398



For urgent medical questions always directly contact your GP, the hospital Emergency Department or dial 112.

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