

Flying with a cast

Informatie
voor patiënten

Your arm or leg has been wrapped in a plaster cast and you are planning on air travel soon. You are probably wondering whether you can fly or not. This leaflet clearly states what you have to take into account when you want to fly while wearing a cast.

Am I allowed to fly?

The international air transport association offers no stipulations concerning flying while wearing a cast. The associated airlines will determine which conditions you have to meet to be allowed to board. We therefore recommend you always consult the airline you are flying with on what you have to do. Usually they recommend splitting a circular cast and finishing it in such a way that it is allowed. The reason airlines provide for this measure, is that sudden pressure difference can occur in the cabin, which could make it necessary to remove the cast.

Alternatives for a plaster cast

The plaster technician or nurse applying the cast to your body has to be aware of your flight plans, ensuring they can take your air travel into account. For example, if possible, they could not apply a circular cast.

A splint, brace or removable cast can be applied as replacement.

Request information from your airline

Every airline has different rules and regulations regarding flying with a plaster cast. We therefore recommend you always contact your airline to learn which rules apply to your situation.

Due to strict regulations, airlines often require additional information concerning the cast. You can have the plaster technician or nurse write down the information in this leaflet. Take this leaflet with you to ensure you have the correct information concerning your cast when the airline asks about it.

No medical statement (fit-to-fly statement)

The specialists are not authorised to sign a medical statement. Such a statement entails that the specialist is responsible for the patient during the flight. As the specialist will not be present during your flight, they can not take responsibility for you.

Information concerning your cast for airlines

Below are listed the details of your plaster cast important to airlines. Please make sure you have this information with you when they ask for it. This will prevent possible delays.

Address and telephone number

Canisius Wilhelmina Ziekenhuis
Weg door Jonkerbos 100
6532 SZ Nijmegen

Plaster Room: Gipskamer (B58)

Telephone + 31 (024) 365 80 79 (bereikbaar van 8.30 tot 17.00 uur)

Website: www.chirurgie.cwz.nl